



# BLUEBERRY BITES

## AUTUMN/WINTER MENU



### HOT FOOD

#### TOASTED TURKISH BREAD

Cheese (V)	3.00
Cheese & Tomato (V)	3.50
Cheese & Ham	4.00
Mini Quiche	2.00
Egg, bacon & cheese	
Egg & cheese	
Speedy Bean Burritos (V)	3.50
Lentil Soup	3.50
Penne Pasta w/ Homemade Tomato Sauce (GF & V)	3.50
Spaghetti Bolognese	3.50
Homemade Mac & Cheese (V)	3.00
w/ Ham	3.50
Garlic Bread	1.00
Homemade Pizza	
Margherita (V)	3.00
Aloha (Ham & Pineapple)	3.50
Vegetarian	3.00
Berry Bakery Sausage Roll	3.50
Berry Bakery Meat Pie	4.00
Berry Bakery Spinach & Ricotta Roll	2.50
Itty Bitty Mini Meat Pies	1.50
Tomato or BBQ Sauce Portion	0.30



### COLD FOOD

Sandwiches & Wraps	Sandwich	Wrap
Egg & Mayo	3.50	4.00
Chicken Little	4.00	5.00
Piggy in the Middle (Ham)	3.50	4.00
Farmer in the Deli (Ham & Cheese)	4.00	4.50
Three Blind Mice (Cheese)	3.00	3.50
Vegorama (Salad Mix)	3.00	3.50
Little Aussie (Vegemite)	3.00	3.50
<i>ADD Mayo to any sandwich or wrap</i>		0.50
<i>ADD Fresh Salad to any sandwich or wrap</i>		1.00
Green Garden Salad - choose chicken breast OR egg & cheese w/ French dressing OR Mayonnaise		5.00

### DRINKS

Hot Chocolate	2.00
Nudie Juice (250ml) Apple, Orange or Tropical	2.00
Bottled Water (600ml)	1.50
Juice Bottles (250ml) Apple & Orange	2.00

### HOMEMADE CAKES & BISCUITS

Chocolate Cookies (GF)	1.00
Anzac Biscuits	1.00
Banana Muffin	1.00
Gingerbread Man	0.50



### FROZEN TREATS

#### TWISTED FROZEN YOGHURT

Watermelon & Mango OR Raspberry & Coconut (98% Fat Free & GF)	2.00
Paddlepops (Chocolate or Rainbow)	2.00
Lemonade Icy Twist	1.50
Mini Callipo	1.50
Bulla Ice Cream Tub (98% Fat Free)	1.50
Frozen Fruit Cup (Blackcurrant)	1.00
Icy Poles (99% Natural Fruit Juice)	0.50

#### OVER THE COUNTER ONLY

Frozen Watermelon Slices	0.20
Milky Bites - Frozen cups of chocolate or strawberry milk or fruit juice	Sml 0.20 Lge 0.50

### SNACKS

Jumping Jelly & Fruit Cup	1.50
Dried Apple Rings (Bag of 6)	0.50
Dried Apple Ring (each)	0.10
Red Rock Deli Chips (Honey Soy Chicken/Sea Salt)	1.50
Grainwaves (Sour Cream & Chive)	1.50
Vege Crackers (GF) Honey Soy	1.50
Salted Popcorn	1.00
Pretzels	1.00

A selection of fresh fruit is always available from the fruit bowl

Whole or bunch 1.00



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## IMPORTANT INFORMATION



### PLEASE VOLUNTEER

If you can spare even just one morning per term please volunteer to help out in the canteen. We are incredibly dependent on our wonderful volunteers to assist in the production of home made items!



### SPECIAL DIETS

We are happy to accommodate your child's special diet as much as possible, just drop in to see Wendy or call on 4464 1158

GF = Gluten Free V = Vegetarian

### FOOD FROM HOME

Food from home can be toasted or heated up for 1.00

Items for toasting should be wrapped in baking paper and marked with your child's name and class please!

### LUNCH ORDER BAGS

Re-usable lunch order bags are available to buy from the Uniform Shop or the Canteen for 10.00

No lunch bag? Just add 0.10 and we will supply one!

### OUR AIM

We aim to make as many dishes as possible from scratch, using fresh, locally sourced products.

We can only sustain this level of homemade food with the help of volunteers, so if you can spare any time, even if it's only an hour, please drop into the canteen and pop your name down.

### CONTACT

PH 4464 1158 and ask for Wendy

